

LEARNING UNIT USER GUIDE

Infection Prevention and Control: Key Principles

This learning unit is funded by an unrestricted educational grant from Medipal



Free learning units

Nursing Times Learning units are designed to help you update and extend your knowledge on fundamental aspects of nursing care.

Nursing Times subscribers have unlimited access to this expanding collection of online learning units - all written by expert nurses and double-blind peer reviewed.

Infection Prevention and Control: Key Principles is offered to registered, guest users as a free taster of the high-quality learning resources included in any *Nursing Times* subscription. The unit is worth 2 hours of CPD and can be accessed on any internet-connected device; if you don't want to do it in one sitting you can save your work to return to later.

If you would like to unlock all the CPD tools, articles and resources offered by *Nursing Times*, you can upgrade your account to a full subscription at any time.

Infection Prevention and Control: Key Principles

Learning objectives

Healthcare-associated infections (HCAs) are a major cause of morbidity and mortality, and costly to healthcare providers. This learning unit discusses the key principles of infection prevention and control.

After studying the unit you should be able to:

- Summarise the factors that increase patients' risk of HCAs
- Explain the process of antimicrobial resistance
- List the five moments for hand hygiene
- Describe the principles of standard precautions and transmission-based precautions
- Explain the principles of environmental cleaning and decontamination
- Describe the principles of safe management of invasive devices

Online learning units

A learning unit consists of:

Baseline assessment: a test of your current knowledge on the topic

Learning unit: a review of the latest evidence, with live links to references and national guidance, plus case scenarios with multiple-choice questions and feedback to help you to apply your learning to practice

Final assessment: this repeats the baseline assessment to demonstrate how much you have learned. You must score 80% in your final assessment to pass and gain a personalised certificate, but can retake the unit if you want to improve your score.

How to access Nursing Times Learning

In order to access the infection prevention and control online learning unit, you first need to log in to your account on nursingtimes.net. **If you do not have an account, jump to page 4 to find out how to register.**

Existing account holders

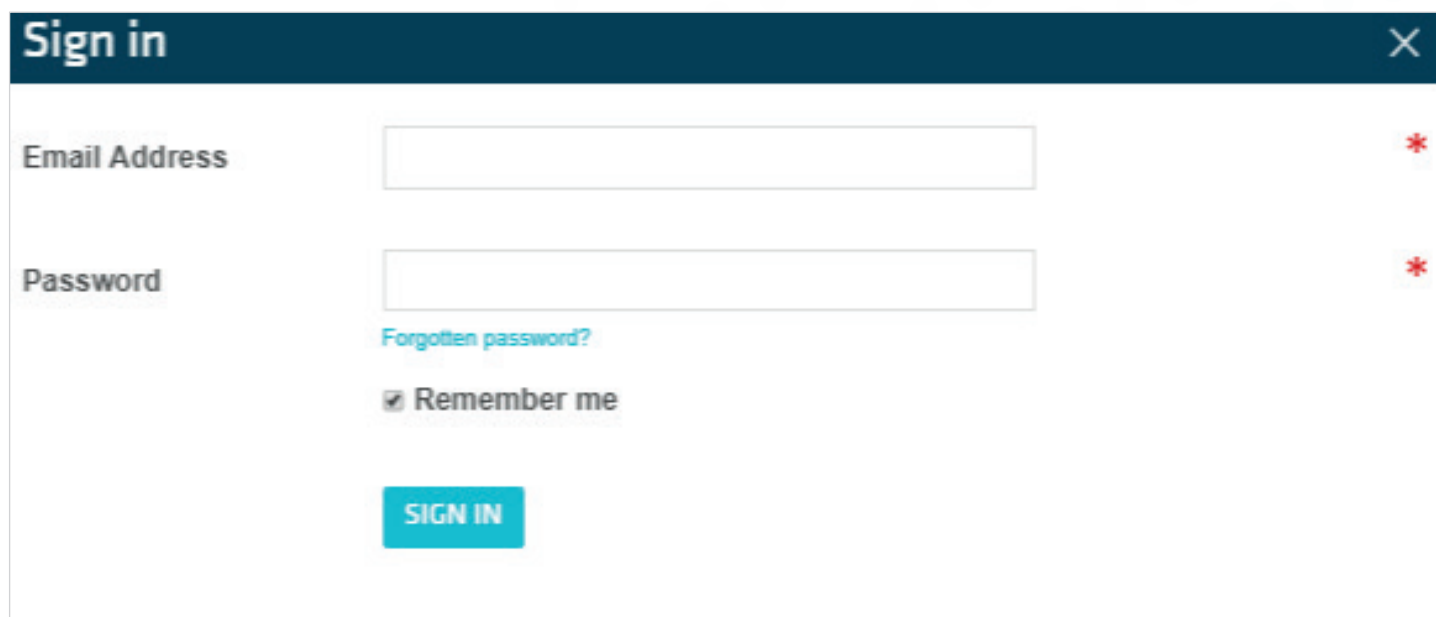
1. Go to www.nursingtimes.net and click SIGN IN on the top left-hand side



2. Use your login credentials to sign in to your account

These have been sent to you by email from the *Nursing Times* team.

If you haven't received the email you can click on the "Forgotten password" link to reset these details, or contact our customer services team on 020 3033 2000 or customerservices@nursingtimes.net

A screenshot of the 'Sign in' form on the Nursing Times website. The form is titled 'Sign in' in a dark blue header with a close button (X) on the right. It contains two input fields: 'Email Address' and 'Password', each with a red asterisk to its right. Below the password field is a blue link for 'Forgotten password?'. There is a checked checkbox labeled 'Remember me'. At the bottom of the form is a teal 'SIGN IN' button.

If you are not using a shared device you can click **Remember me** so you don't have to sign in every time. If you are using a shared device remember to sign out each time you finish a session.

Register as a guest user

1. Visit www.nursingtimes.net/register
2. Fill in the form and click the register button
3. You will then be sent an email that confirms your registration has been successful
4. Now you can follow the instructions on page 3 to sign into your account

Guest Registration

Register for guest access and get a limited number of free Nursing Times articles, a daily newsletter and access to selected online learning units.

Email address	<input type="text"/>	*
Password	<input type="password"/>	*
Confirm password	<input type="password"/>	*
First name	<input type="text"/>	*
Surname	<input type="text"/>	*
Job Role	<input type="text" value="Please select"/>	*
Job Seniority	<input type="text" value="Please select"/>	*

We aim to provide relevant information for you and your team.

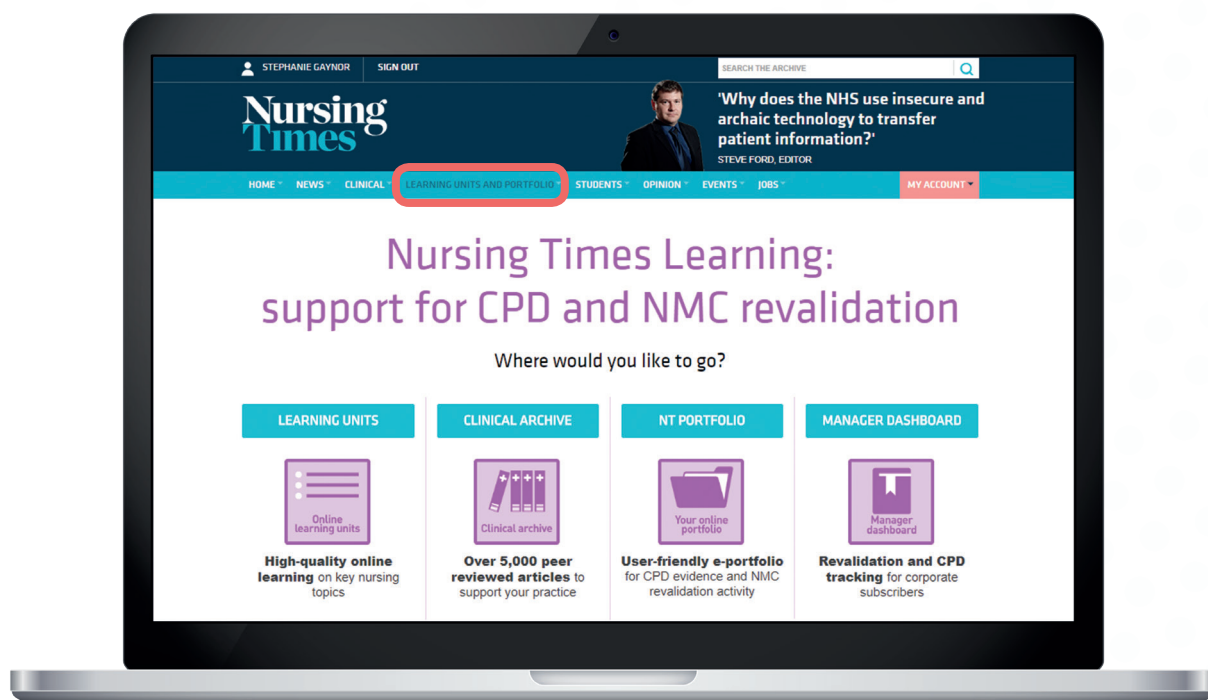
Please indicate if you want to receive offers about conferences, awards and other services offered by Nursing Times

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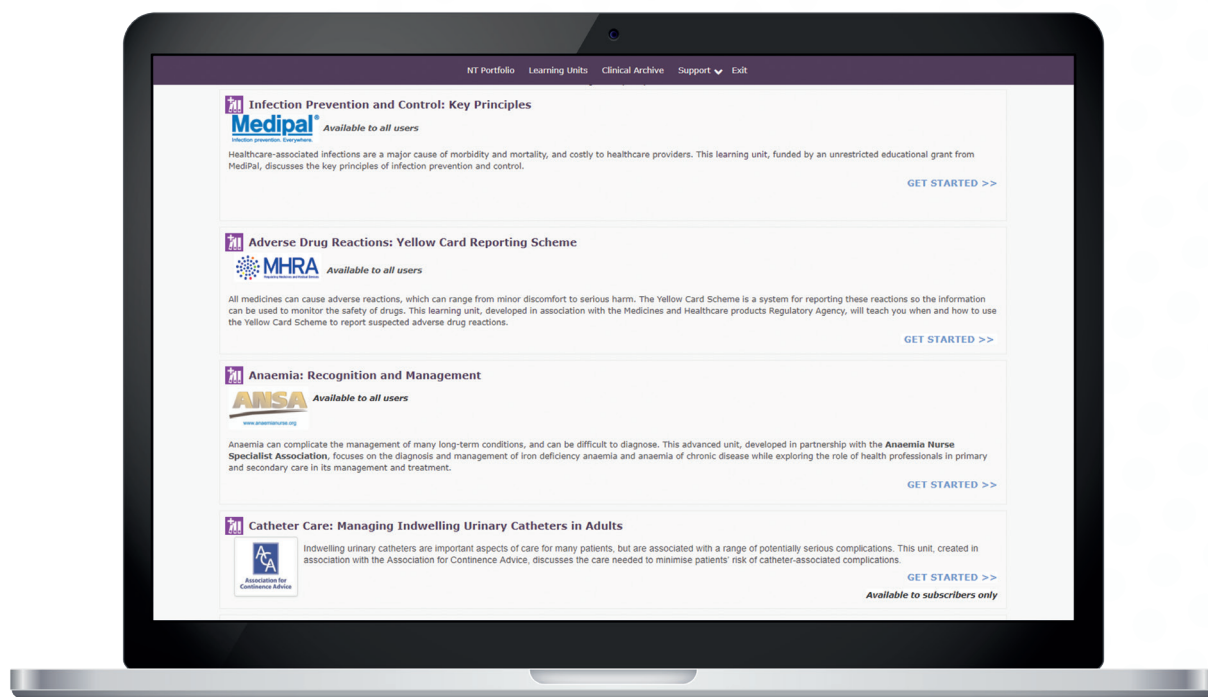
Please indicate if you want to receive offers and information from carefully selected third parties

Accessing the learning unit

1. Once signed in, click **LEARNING UNITS AND PORTFOLIO** on the menu bar
2. Select **LEARNING UNITS** from the four options to be redirected to the list of available learning units.



3. Click the unit title and start learning!



Need help accessing the learning unit?

If you need any further assistance with accessing the online learning unit please email our customer service team on customerservices@nursingtimes.net or +44(0)203 953 2000 (Monday to- Friday 9:00-17:30).

